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Original article

Effect of Prenatal Training for Women During Pregnancy on the Pregnancy Outcomes

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ABSTRACT

According to the World Health Organization, in the general population, 20.0% of cases of disease among women are associated with reproductive disorders. Therefore, strengthening reproductive health and protecting the health of pregnant women should be one of the priority areas of activity of health authorities and institutions. However, to date, systematic ideas about the needs of pregnant women for the necessary types of treatment and diagnostic services and medical and social assistance to women during pregnancy and childbirth have not yet been formed. There are insufficient medical, social and clinical statistical studies assessing risk factors for obstetric and gynecological pathology. Medical and organizational measures to improve the system of prenatal training for women in obstetrics institutions are not sufficiently substantiated. This determines the relevance, purpose and objectives of the study. The purpose of the study is to assess the impact of pregnancy on the quality of life and to justify medical and organizational measures to improve the quality and effectiveness of prenatal training for women.

Keywords: Reproductive disorders, Prenatal Training, Pregnancy outcome,

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